



YOGA THERAPY TRAINING STUDENT APPLICATION

Please note the prerequisites for application to One Point One Yoga's Yoga Therapy Program include:

1. Graduation from & certification by a YA accredited RYT200 training (or comparable)
2. A minimum of one year of teaching experience and
3. A minimum of one year of dedicated personal yoga practice

Applicant Information

Full name: _____ Date: _____

Address: _____ Phone: _____

Email: _____ Preferred Pronouns: _____

How did you hear of One Point One Yoga?

Education

RYT200 School Name _____ Contact Person: _____

From _____ to _____ Did You Graduate? Yes ☐ No ☐

RYT300 School Name _____ Contact Person: _____

From _____ to _____ Did You Graduate? Yes ☐ No ☐

Have you done any other training/continuing education since you finished your 200 hour training? If so please list below:

Do you hold any other degrees or certifications in additional therapeutic modalities? If so please list them below:

IAYT allows for up to 300 Hours of Transfer Credit to be applied to our Yoga Therapy Training Program. For transfer hours to be considered they must be from Advanced Level training, not your 200 Hour Training. They must also align with the topic and timing with our current curriculum.

Would you like to apply for Transfer Credit? _____

If so, please list below (1)the course and (2)number of hours of courses you would like to transfer (ie: Bodyreading: 20 hours), and (3)what comparable training you've received, where you attended and hours attended; feel free to add another sheet as needed.

Teaching Experience

When did you start teaching yoga?

Are you currently teaching yoga? Yes ☐ No ☒

If yes, how many sessions (group and/or private) do you currently teach per week?

Please list all past and current teaching locations:

What is the approximate number of hours of your total teaching experience?

Is there anything else you'd like to tell us about your teaching experience?

Yoga Background

In what year did you start practicing yoga? Where do you practice yoga?

How many times a week do you practice?

What tradition(s) or style(s) do you practice?

Do you have a current meditation practice? Yes ☐ No ☐

When did you begin practicing meditation?

What tradition(s) and style(s) of meditation do you practice?

Is there anything else you'd like to tell us about your current practices?

Health and Wellness

All responses are strictly confidential. We use this information only to better assist you during the program, not to screen participants. If you are under a physician's care, please make sure they determine that your participation in this program is advisable.

Please briefly describe your overall health and wellness:

Do you have any medical or physical challenges you'd like for us to be aware of so that we can better support your learning?

Do you have any emotional/stress/mental challenges that you'd like us to be aware of so that we can better support your learning?

Do you have any special learning needs that you'd like us to be aware of so that we can better support your learning?

Is there anything else you'd like us to be aware of regarding your health and wellness?

Attendance Options:

Do you intend to join for in person learning, virtual learning, or a combination?

In Person ☐ Virtual ☐ Combination ☐

Should we not be able to offer a course in person due to any unforeseen situation, do you agree to taking the training online? Yes ☐ No ☐

No refunds will be offered to in studio students when training is made available via live stream and/or replayed recordings.

Investment and Financial Aid

Students will have two options for tuition:

1. Paid in full upon enrollment: \$11,800 (includes two years of unlimited practice in studios and virtually)
2. Paid Per Module at a rate of \$16/hr (app \$12,800 total; does not include unlimited practice)

Will you be enrolling in full ☐ or module by module? ☐ (*please check one*)

Upon enrollment in full, students will receive a discounted rate for all accepted transferred credits at a rate of \$16/hr.

One Point One offers two Seva positions per calendar year; one at 30% and one at 70% reduction of tuition. This discount will apply to the accepted Seva's tuition in full OR for their modular tuition FOR TWO YEARS. Seva positions receive said discounts in exchange for tidying the studio spaces after each attended Yoga Therapy module. We offer two Seva positions each year in the fall; applicants who are not chosen may reapply in subsequent years, whether they have begun their YT Training with us or not.

Would you like to be considered for a Seva position? Yes ☐ No ☐

If so, please detail your need for financial aid to your level of comfort:

Additional Information:

Is there anything else you'd like to share with us regarding your application?

Disclaimer and Signature

I certify that my answers are true and complete to the best of my knowledge.

If this application leads to enrollment in One Point One Yoga's Yoga Therapy Training, I understand that any false information offered here may result in my removal from the program without certification or refund.

Name: _____

Signature: _____ Date: _____

****Please email your completed application to info@onepointoneyoga.com with the subject: Yoga Therapy Training****